



By Mr. Leung Wing-fai

Chairperson of Careers Guidance Committee

What is career and life planning?

Career and life planning (CLP) is an ongoing and lifelong process in which students think, explore, and plan for their future.



Alumni Sharing

Development of life planning education and career guidance programmes

To facilitate life planning education, our school has established a systematic and coherent curriculum across all levels and incorporated the curriculum in formal curriculum via various subjects with an aim to help students identify their interests, strengths, and aspirations so as to plan for their multiple pathways in studies and careers.



S.5 Soci Game

School-based Careers Education and Planning (CEP) lessons

CEP lessons are conducted in S.1 to S.6 classrooms to foster students' self-understanding, personal planning, goal setting, reflective habits of mind and articulation to progression pathways. Through in-class discussions, students can investigate choices of learning and work as

well as formulate and act out plans for future development.

CLP activities

The Careers Guidance Committee organises a variety of CLP activities for students every year. Such comprehensive activities include Mock Release of DSE Results, Mock Interview Workshops, Soci Game, Career Exploration, and Internship and visits to local universities.



S.6 Mock Release of DSE Results

Students have the opportunities to explore multiple study and career options, understand their own career aspirations and integrate them with whole-person development and life-long learning.

Website of the Careers Guidance Committee:

Students can register for different CLP activities or obtain latest information about study pathways on our website.

<http://careercchwc.wixsite.com/careers>

Teachers of the Careers Guidance Committee

For matters related to career planning, students can consult Mr. Leung Wing-fai, Mr. So Wai-lun, Ms. Chan Pui-ying, Ms. Chow Sze-ying, Ms. Lai Wai-ming, Ms. Man Sau-chu, Ms. Mo Hoi-ting and Ms. Wu Shuk-kam.



Career Programme for VTC

Newsletter November 2021

When you know the **TRUTH**,
the **TRUTH** will set you free.



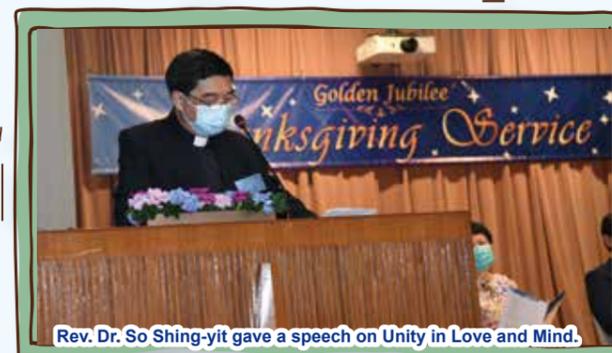
Tel: 23234265 Website: www.ccchwc.edu.hk Email: info@ccchwc.edu.hk
Fax: 2323 3258 Address: 171 Po Kong Village Road, Tsz Wan Shan, Kowloon, HKSAR China

Introduction

Last year was gone stupendously quick. With the continuing restrictions on society and our daily lives, Heep Woh is incredibly proud to have managed organising different face-to-face activities for students. Through those activities, students were able to explore the history of the school, science, and education.

Golden Jubilee Thanksgiving Service

By 2E Kwan Chun-him



Rev. Dr. So Shing-yit gave a speech on Unity in Love and Mind.

a scripture taken from Philippians 2:1-5 was read aloud. Afterwards, Rev. Dr. So Shing-yit Eric gave an inspiring and persuasive sermon based on the theme of Unity in Love and Mind. He explained the school's name and how diverse positions on controversial issues have split communities and torn apart families. He hopes that students and members of Heep Woh can come together to facilitate the spirit of inclusion and harmony in our society to erase hostility. Our principal then delivered a vote of thanks which was followed by two revitalising recorded messages from the founding principal and the second principal celebrating the 50th Anniversary of Heep Woh College. The congregation sang the hymn 'Give Thanks'.

Thanks to the blessing from our Lord, the 50th Anniversary Golden Jubilee Thanksgiving Service was successfully held on 16th July this year. The event was initially planned to be held in the preceding year. However, it was, unfortunately, postponed due to the severity of the COVID-19 epidemic. The service began with a procession of honourable guests entering the school hall followed by our principal, Dr. Chu Kai-wing reading out the proclamation. Then it was the hymn, *Great is Thy Faithfulness*. After that, the school manager, Rev. Siu Ka-cheung Oliver, earnestly led the attendees in prayer. Subsequently, the school supervisor, Professor Shum Kwok-yan Daisy, immaculately presented a warm and unique welcoming speech. She emphasised what a blessing it was to gather in the hall to celebrate the Golden Jubilee and reiterated the history of Heep Woh. She also announced the succeeding supervisor.

The Golden Jubilee Thanksgiving Service concludes God's blessing for Heep Woh in the past fifty years. It also marks the beginning of our next chapter. May God continue to bless and guide Heep Woh College to thrive and blossom!

After the welcoming speech, the school choir presented two meaningful hymns. The first hymn sung was 'A Clare Benediction', which is a prayer regarding God's protection and guidance. It was followed by a Cantonese song called '如金' specially written by our alumnus, Chet-lam, to celebrate the Golden Jubilee Anniversary. Then,



From Left to Right: Rev. Siu Ka-cheung Oliver, Professor Shum Kwok-yan Daisy, Mr. Chan Tsun-kit, Professor Chan Ying-shing, Rev. Dr. So Shing-yit Eric, Professor Wong Sing-wing Dennis and Dr. Chu Kai-wing

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Interview with Professor Cheung Yan-leung on Speech Day 2021

By 4B Pun Sze-ting, 5C Tang Pui-him and 6B Chau Ka-hei



On 22nd May, 2021, Heep Woh students had the chance to interview Professor Stephen Cheung Yan-leung, and his wife, Christine Cappio.

Professor Cheung is the President of The Education University of Hong Kong (EdUHK). During the interview, he shared his views on the difference between secondary school and university. "In universities, there is a wider variety of courses, and students are free to choose non-compulsory courses to suit their own interests, while in secondary schools, students have limited choices," Professor Cheung indicated. Furthermore, in university, the resources, support, and learning are more well-rounded. "It's like you walk from a small wood into a big forest" remarked Professor Cheung. He further said that EdUHK, which specialises in teacher education, is committed to nurturing caring and patient teachers.

Professor Cheung is active in community services. He is the Chairman of the Supervisory Committee of the Asian Bond Fund Hong Kong Bond Index Fund of the Hong Kong Monetary Authority and the Transport Advisory Committee, and is a member of the 13th National Committee of the Chinese People's Political Consultative Conference. He also worked with the ICAC and the Commission for Poverty to combat corruption and poverty. He served on the Independent Police Complaints Council as well.

Professor Cheung welcomes new ideas and suggestions. He finds working with new people, policymakers, and government officials interesting and rewarding. He feels frustrated when he failed to make long-awaited changes happen. Nevertheless, he said that he had enjoyed and learned a lot from his public services.

His advice to Heep Woh students is, "Be open-minded and adopt a life-long learning attitude." He encouraged the young generation to seize every opportunity to learn and equip themselves with knowledge and skills so as to take up the challenges ahead.

Professor Cheung's philosophy of life is "Simplicity is the key to happiness". The most important thing in life is to cherish what you have. He stressed that excessive comparison with others is unnecessary. "Pleasure is what only matters," his wife, Christine, concluded. It is hoped that all of us can treasure what we have and find happiness and pleasure in life.



Back (From left to right): Tang Pui-him (5C), Pun Sze-ting (4B) and Chau Ka-hei (6B) Front (From left to right): Mrs. Cheung, Professor Cheung Yan-leung and Principal Dr. Chu Kai-wing

Aerospace Science Talk



By Principal Dr. Chu Kai-wing



Photo taken at Beijing Aerospace Control Center in Beijing on 3rd of December, showing an image of the ascender of the Chang'e 5 space-craft flying above the lunar surface (Source: <https://www.chinadaily.com.cn/a/202106/22/WS60d1a67da31024ad0bacabb8.html>)

25th June, 2021 marked an important day for four hundred students from seven CCC secondary schools. We were honoured to have invited Mr. Hu-hao, the Chief Designer of the third phase of the National Lunar Exploration Project, and a team of aerospace scientists to give a talk on the lunar exploration project. That day, the students had a wonderful face-to-face lecture with the guest of honor and his team. Being the host school, we had also arranged a livestream via YouTube to offer other teachers and students of CCC secondary schools a chance to join the talk online.

Mr. Hu is a member of a delegation of national top aerospace scientists and engineers. They visited Hong Kong for a few days, during which they gave face-to-face talks at some universities and secondary schools in the city. That afternoon, Mr. Hu introduced all aspects of the lunar exploration project in plain language, and answered questions from the inquisitive minds patiently. During the talk, Chief Master Hu-hao used a slide deck presentation to depict the precious images taken during the implementation of the **Chang'e 5** mission to arouse the interest of young people and share his excitement of the National Lunar Exploration Project.

Mr. Hu explained that China had spent seventeen years from launching its moon exploration program to collecting 1.37 kilograms of lunar samples and succeeded on the first attempt of the three missions of orbiting, landing and sample-return. "A passion for innovation, a steady faith, perseverance, a sense of responsibility and meticulousity are the keys to the success of national aerospace projects," he emphasised. He also encouraged students to dream big as future space scientists.



The participating students have learned a lot from the lecture. It is a rare and beautiful opportunity for them to acquire the latest knowledge of aerospace science and technology.



Photo of Mr. Hu-hao with Professor Chan Ying-sing, the Chairman of HKCCC (fourth from the left) and Rev. Dr. So Sing-yit, the General Secretary of HKCCC (third from the right)



Mr. Hu-hao gave an inspiring speech on the lunar exploration project.